

Mondays to Fridays

	Service	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Line
	Notes	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	
Bangor Train Station		0610	0651	0657	0711	0717	0731	0737	0751	0757	0811	0817	0831	0837	0851	0911	0936	
Bangor West Train Station		0613	0654	0700	0714	0720	0734	0740	0754	0800	0814	0820	0834	0840	0854	0914	0939	
Carnalea Train Station		0616		0703		0722		0742		0802		0822		0842		0917		
Helen’s Bay Train Station		0620		0707		0726		0747		0806		0826		0846		0921		
Seahill Train Station		0624		0710		0729		0750		0809		0829		0849		0925		
Cultra Train Station		0627		0713		0732		0753		0812		0832		0852		0928		
Marino Train Station		0629		0715		0734		0755		0814		0834		0854		0930		
Hollywood Train Station		0632	0703	0717	0723	0737	0743	0757	0803	0817	0823	0837	0843	0857	0903	0933	0948	
Sydenham Train Station		0636	0708		0728	0741		0802		0821		0841		0901	0908	0937	0953	
Titanic Quarter Train Station		0640	0711		0731	0745	0750	0805	0809	0825	0830	0845	0850	0905	0910	0941	0956	
Lanyon Place Train Station		0645	0716	0725	0736	0750	0755	0810	0814	0830	0835	0850	0855	0910	0915	0946	1001	
Botanic Train Station		0648	0719	–	0740	0753	0758	0813	0818	0833	0838	0853	0858	0913	0919	0949	1004	
City Hospital Train Station		0650	0722	–	0742	0755	0801	0815	0820	0835	0841	0855	0901	0915	0921	0951	1007	
Grand Central Station		0654	0725	–	0745	0759	0804	0819	0823	0839	0844	0859	0904	0919	0924	0955	1010	

Mondays to Fridays

	Service	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Line
	Notes	BN	BN															
Bangor Train Station		0941	1011	1041	1111	1141	1211	1241	1311	1341	1411	1441	1511	1541	1611	1634	1637	
Bangor West Train Station		0944	1014	1044	1114	1144	1214	1244	1314	1344	1414	1444	1514	1544	1614		1640	
Carnalea Train Station		0947	1017	1047	1117	1147	1217	1247	1317	1347	1417	1447	1517	1547	1617		1642	
Helen’s Bay Train Station		0951	1021	1051	1121	1151	1221	1251	1321	1351	1421	1451	1521	1551	1621		1646	
Seahill Train Station		0955	1025	1055	1125	1155	1225	1255	1325	1355	1425	1455	1525	1555	1625		1649	
Cultra Train Station		0958	1028	1058	1128	1158	1228	1258	1328	1358	1428	1458	1528	1558	1628		1652	
Marino Train Station		1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630		1654	
Hollywood Train Station		1003	1033	1103	1133	1203	1233	1303	1333	1403	1433	1503	1533	1603	1633		1657	
Sydenham Train Station		1007	1037	1107	1137	1207	1237	1307	1337	1407	1437	1507	1537	1607	1637		1701	
Titanic Quarter Train Station		1011	1041	1111	1141	1211	1241	1311	1341	1411	1441	1511	1541	1611	1641		1704	
Lanyon Place Train Station		1016	1046	1116	1146	1216	1246	1316	1346	1416	1446	1516	1546	1616	1646	1651	1709	
Botanic Train Station		1019	1049	1119	1149	1219	1249	1319	1349	1419	1449	1519	1549	1619	1649	–	1712	
City Hospital Train Station		1021	1051	1121	1151	1221	1251	1321	1351	1421	1451	1521	1551	1621	1651	–	1715	
Grand Central Station		1025	1055	1125	1155	1225	1255	1325	1355	1425	1455	1525	1555	1625	1655	–	1719	

Mondays to Fridays

	Service	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Line
Bangor Train Station		1654	1657	1714	1717	1734	1737	1754	1757	1814	1817	1841	1911	1931	1941	2011	2041	
Bangor West Train Station			1700		1720		1740		1800		1820	1844	1914	1934	1944	2014	2044	
Carnalea Train Station			1702		1722		1742		1802		1822	1847	1917		1947	2017	2047	
Helen’s Bay Train Station			1706		1726		1746		1806		1826	1851	1921		1951	2021	2051	
Seahill Train Station			1709		1729		1749		1809		1829	1855	1925		1955	2025	2055	
Cultra Train Station			1712		1732		1752		1812		1832	1858	1928		1958	2028	2058	
Marino Train Station			1714		1734		1754		1814		1834	1900	1930		2000	2030	2100	
Hollywood Train Station			1717		1737		1757		1817		1837	1903	1933	1943	2003	2033	2103	
Sydenham Train Station			1721		1741		1801		1821		1841	1907	1937	1948	2007	2037	2107	
Titanic Quarter Train Station			1724		1744		1804		1824		1844	1911	1941	1951	2011	2041	2111	
Lanyon Place Train Station		1711	1729	1731	1749	1751	1809	1815	1829	1831	1848	1916	1946	1957	2016	2046	2116	
Botanic Train Station		–	1732	–	1752	–	1812	1818	1832	–	1851	1919	1949	2000	2019	2049	2119	
City Hospital Train Station		–	1734	–	1754	–	1814	1821	1834	–	1853	1921	1951	2003	2021	2051	2121	
Grand Central Station		–	1738	–	1758	–	1818	1824	1838	–	1857	1925	1955	2007	2025	2055	2125	

Mondays to Fridays

	Service	Bangor	Bangor	Bangor	Line
Bangor Train Station		2111	2141	2241	
Bangor West Train Station		2114	2144	2244	
Carnalea Train Station		2117	2147	2247	
Helen’s Bay Train Station		2121	2151	2251	
Seahill Train Station		2125	2155	2255	
Cultra Train Station		2128	2158	2258	
Marino Train Station		2130	2200	2300	
Hollywood Train Station		2133	2203	2303	
Sydenham Train Station		2137	2207	2307	
Titanic Quarter Train Station		2141	2211	2311	
Lanyon Place Train Station		2146	2216	2316	
Botanic Train Station		2149	2219	2319	
City Hospital Train Station		2151	2221	2321	
Grand Central Station		2155	2225	2325	

Notes: BN - To ensure prompt departure, passengers should be on the platform at least 2 mins prior to departure time

Saturdays

	Service Notes	Bangor BN	Bangor BN	Bangor Line BN	Bangor Line BN	Bangor Line BN	Bangor Line BN
Bangor Train Station		0641	0741	0811	11	41	2141 2241
Bangor West Train Station		0644	0744	0814	14	44	2144 2244
Carnalea Train Station		0647	0747	0817	17	47	2147 2247
Helen's Bay Train Station		0651	0751	0821	21	51	2151 2251
Seahill Train Station		0655	0755	0825	25	55	2155 2255
Cultra Train Station		0658	0758	0828	28	58	2158 2258
Marino Train Station		0700	0800	0830	30	00	2200 2300
Hollywood Train Station		0703	0803	0833	33	03	2203 2303
Sydenham Train Station		0707	0807	0837	37	07	2207 2307
Titanic Quarter Train Station		0711	0811	0841	41	11	2211 2311
Lanyon Place Train Station		0716	0816	0846	46	16	2216 2316
Botanic Train Station		0719	0819	0849	49	19	2219 2319
City Hospital Train Station		0721	0821	0851	51	21	2221 2321
Grand Central Station		0725	0825	0855	55	25	2225 2325

Notes: BN - To ensure prompt departure, passengers should be on the platform at least 2 mins prior to departure time

Bangor Line		Bangor Line			
		Sundays			
	Service	Bangor Line	Bangor Line	Bangor Line	
	Notes	BN			
Bangor Train Station		0841	0941	41	2141
Bangor West Train Station		0844	0944	44	2144
Carnalea Train Station		0847	0947	47	2147
Helen's Bay Train Station		0851	0951	51	2151
Seahill Train Station		0855	0955	then at 55	2155
Cultra Train Station		0858	0958	at 58	2158
Marino Train Station		0900	1000	these mins 00	2200
Hollywood Train Station		0903	1003	until 03	2203
Sydenham Train Station		0907	1007	past 07	2207
Titanic Quarter Train Station		0911	1011	each hour 11	2211
Lanyon Place Train Station		0916	1016	16	2216
Botanic Train Station		0919	1019	19	2219
City Hospital Train Station		0921	1021	21	2221
Grand Central Station		0925	1025	25	2225

Notes: BN - To ensure prompt departure, passengers should be on the platform at least 2 mins prior to departure time

Mondays to Fridays

	Service	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Line
	Notes	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	
Grand Central Station		0620	0640	0645	—	—	0730	0735	0755	0800	0820	0825	0835	0850	0905	0935	1005	
City Hospital Train Station		0623	0643	0648	—	—	0733	0738	0758	0803	0823	0829	0838	0853	0908	0938	1008	
Botanic Train Station		0625	0645	0650	—	—	0735	0740	0800	0805	0825	0831	0840	0855	0910	0940	1010	
Lanyon Place Train Station		0630	0650	0655	0722	0730	0740	0745	0805	0810	0830	0834	0845	0900	0915	0945	1015	
Titanic Quarter Train Station		0633		0658	0725	0734	0743	0748		0813	0833	—	0848	0903	0918	0948	1018	
Sydenham Train Station		0637		0702	0728	0737	0747	0752		0817	0837	—	0852	0907	0922	0952	1022	
Hollywood Train Station		0641	0657	0706	0733	0741	0752	0756	0812	0821	0841	—	0856	0911	0926	0956	1026	
Marino Train Station		0643		0708				0758		0823	0843	—	0858	0913	0928	0958	1028	
Cultra Train Station		0645		0710				0800		0825	0845	—	0900	0915	0930	1000	1030	
Seahill Train Station		0649		0714				0804		0829	0849	—	0904	0919	0934	1004	1034	
Helen's Bay Train Station		0652		0717				0807		0832	0852	—	0907	0922	0937	1007	1037	
Carnalea Train Station		0657		0722				0812		0837	0857	—	0912	0927	0942	1012	1042	
Bangor West Train Station		0659	0706	0724	0742	0750	0801	0814	0821	0839	0859	—	0914	0929	0944	1014	1044	
Bangor Train Station		0703	0710	0728	0746	0754	0805	0818	0825	0843	0903	—	0918	0933	0948	1018	1048	

Mondays to Fridays

	Service	Bangor	Bangor	Line	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Line
Grand Central Station		05	35		1535	1555	1605	1620	—	1640	—	1700	—	1720	—	1740		
City Hospital Train Station		08	38		1538	1558	1608	1623	—	1643	—	1703	—	1723	—	1743		
Botanic Train Station		10	40		1540	1600	1610	1625	—	1645	—	1705	—	1725	—	1745		
Lanyon Place Train Station		15	45		1545	1605	1615	1630	1635	1650	1655	1710	1715	1730	1735	1750		
Titanic Quarter Train Station		18	48		1548	1608	1618	1633	1638	1653	1658	1713	1718	1733	1738	1753		
Sydenham Train Station		22	52		1552	1611	1622		1641		1701		1721		1741			
Hollywood Train Station		26	56		1556	1616	1626	1640	1646	1700	1706	1720	1726	1740	1746	1800		
Marino Train Station		28	58	until	1558		1628		1648		1708		1728		1748			
Cultra Train Station		30	00		1600		1630		1650		1710		1730		1750			
Seahill Train Station		34	04		1604		1634		1653		1713		1733		1753			
Helen's Bay Train Station		37	07		1607		1637		1657		1717		1737		1757			
Carnalea Train Station		42	12		1612		1642		1701		1721		1741		1801			
Bangor West Train Station		44	14		1614	1625	1644	1649	1703	1709	1723	1729	1743	1749	1803	1809		
Bangor Train Station		48	18		1618	1629	1648	1652	1707	1712	1727	1732	1747	1752	1807	1812		

Mondays to Fridays

	Service	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Bangor	Line
	Notes																	MTWH* F*
Grand Central Station		—	1800	—	1820	—	1840	1905	1935	2005	2035	2105	2135	2235	2340	2355		
City Hospital Train Station		—	1803	—	1823	—	1843	1908	1938	2008	2038	2108	2138	2238	2343	2358		
Botanic Train Station		—	1805	—	1825	—	1845	1910	1940	2010	2040	2110	2140	2240	2345	0000		
Lanyon Place Train Station		1755	1810	1815	1830	1835	1850	1915	1945	2015	2045	2115	2145	2245	2350	0005		
Titanic Quarter Train Station		1758	1813	1818	1833	1838	1854	1918	1948	2018	2048	2118	2148	2248	2353	0008		
Sydenham Train Station		1801		1821		1841	1857	1922	1952	2022	2052	2122	2152	2252	2357	0012		
Hollywood Train Station		1806	1820	1826	1840	1846	1902	1926	1956	2026	2056	2126	2156	2256	0001	0016		
Marino Train Station		1808		1828		1848		1928	1958	2028	2058	2128	2158	2258	0003	0018		
Cultra Train Station		1810		1830		1850		1930	2000	2030	2100	2130	2200	2300	0005	0020		
Seahill Train Station		1813		1833		1853		1934	2004	2034	2104	2134	2204	2304	0009	0024		
Helen's Bay Train Station		1817		1837		1857		1937	2007	2037	2107	2137	2207	2307	0012	0027		
Carnalea Train Station		1821		1841		1901		1942	2012	2042	2112	2142	2212	2312	0017	0032		
Bangor West Train Station		1823	1829	1843	1849	1903	1911	1944	2014	2044	2114	2144	2214	2314	0019	0034		
Bangor Train Station		1827	1832	1847	1853	1907	1915	1948	2018	2048	2118	2148	2218	2318	0023	0038		

Notes:

BN - To ensure prompt departure, passengers should be on the platform at least 2 mins prior to departure time

F - Fridays Only

MTWH - Mondays, Tuesdays, Wednesdays and Thursdays Only

* - Part or all of this journey operates in the morning of the following day

Saturdays

	Service	Bangor	Bangor Line	Bangor	Bangor Line	Bangor	Bangor	Bangor Line
	Notes	BN						*
Grand Central Station		0735	0805	05	35		2135	2235 2355
City Hospital Train Station		0738	0808	08	38		2138	2238 2358
Botanic Train Station		0740	0810	10	40		2140	2240 0000
Lanyon Place Train Station		0745	0815	15	45		2145	2245 0005
Titanic Quarter Train Station		0748	0818	18	48		2148	2248 0008
Sydenham Train Station		0752	0822	22	52		2152	2252 0012
Hollywood Train Station		0756	0826	26	56		2156	2256 0016
Marino Train Station		0758	0828	28	58	until	2158	2258 0018
Cultra Train Station		0800	0830	30	00		2200	2300 0020
Seahill Train Station		0804	0834	34	04		2204	2304 0024
Helen's Bay Train Station		0807	0837	37	07		2207	2307 0027
Carnalea Train Station		0812	0842	42	12		2212	2312 0032
Bangor West Train Station		0814	0844	44	14		2214	2314 0034
Bangor Train Station		0818	0848	48	18		2218	2318 0038

Notes: BN - To ensure prompt departure, passengers should be on the platform at least 2 mins prior to departure time * - Part or all of this journey operates in the morning of the following day

Sundays

	Service	Bangor	Bangor Line	Bangor Line	Bangor Line
	Notes	BN			
Grand Central Station		0935	1035	35	2235
City Hospital Train Station		0938	1038	38	2238
Botanic Train Station		0940	1040	40	2240
Lanyon Place Train Station		0945	1045	45	2245
Titanic Quarter Train Station		0948	1048	48	2248
Sydenham Train Station		0952	1052	52	2252
Hollywood Train Station		0956	1056	56	2256
Marino Train Station		0958	1058	58	2258
Cultra Train Station		1000	1100	00	2300
Seahill Train Station		1004	1104	04	2304
Helen's Bay Train Station		1007	1107	07	2307
Carnalea Train Station		1012	1112	12	2312
Bangor West Train Station		1014	1114	14	2314
Bangor Train Station		1018	1118	18	2318

Notes: BN - To ensure prompt departure, passengers should be on the platform at least 2 mins prior to departure time