

## Additional Advice

### **The Highway Code**

The Highway Code is a comprehensive guide to road safety, detailing the rules of the road, which apply to all road users including motorists and cyclists. Road users are advised to consult the Highway Code before travelling on the roads. The Highway Code is available from local bookshops and from The Stationery Office at [www.tso.co.uk](http://www.tso.co.uk)

**Cycling Skills & Cycling Safety** – a basic guide for adult cyclists. This leaflet has been produced by DRD Travelwise NI and DOE Road Safety Branch to promote cycling and to provide advice to cyclists on safe cycling.

**Sharing Space on the Road** – this leaflet from DRD Travelwise NI provides some commonsense tips for motorists and cyclists on sharing the road with other users.

Both of these publications are available from DRD Travelwise NI (telephone 0845 378 0908)

### **Cycle Training**

Cycle training is a great way to gain the skills and confidence that can make cycling on the roads a practical and safer travelling experience. Cyclists interested in finding out more about cycle training should contact:

- Tri Cycle 0777 5737 324, [www.tricycle.org.uk](http://www.tricycle.org.uk)
- Sustrans (028) 9043 4569, [www.sustrans.org.uk](http://www.sustrans.org.uk)
- Cyclists Touring Club (CTC) 0844 736 8450, [www.ctc.org.uk](http://www.ctc.org.uk)

Photograph: A Pentland / Tri Cycle



## Bike It with Translink

For information on travelling with your bike on public transport in Northern Ireland consult our 'Bike It with Translink' leaflet or visit [www.translink.co.uk/bikeitwithtranslink](http://www.translink.co.uk/bikeitwithtranslink)

In addition you can park your bike and ride with Translink. In recent years we have installed quality, safe and convenient bicycle parking facilities at a number of our bus and rail stations. For a list of public transport locations with bicycle parking facilities visit <http://www.translink.co.uk/bikeitwithtranslink>



*We accept no responsibility for loss or damage from the use of, or reliance on, this material.*

*This leaflet has been produced in consultation with trade union representatives, Sustrans, Tri Cycle and CTC and is for general guidance only.*



Timetables made easy: Click [www.translink.co.uk](http://www.translink.co.uk) or call 028 90 66 66 30



## Travelling in Harmony

Advice for bus drivers and cyclists



***Congestion on our roads is an increasing problem for all road users. More and more people are now turning to sustainable modes of transport and what better way to get around than by bus or by bike.***

***All road users have a responsibility to travel safely together and respect one another.***

***This leaflet aims to provide both bus drivers and cyclists with an understanding of each others needs and to offer guidance on how to travel safely together and encourage travel by bike and bus.***



## Advice for Bus Drivers

- Before turning left always check the nearside mirror for cyclists. This is to ensure that the bus does not trap cyclists as the rear end comes close to the kerb when turning.
- Be aware of cyclists. Always check your blind spot and mirrors, especially when moving off and at junctions and roundabouts.
- Signal well in advance.
- Never stop abruptly, pull in or drive away quickly from bus stops.
- Take extra caution when passing a cyclist ensuring you give them plenty of room. Do not cut in too soon, cyclists can be travelling at 15mph or more.
- Respect cycle lanes and advance stop lines at traffic lights and signalled crossings. Keep these areas clear.
- Allow for sudden movements by cyclists, especially on poor road surfaces, when there is debris at the side of the carriageway or in adverse weather conditions.
- Always be patient with cyclists.
- Cycle facilities can often bring cyclists into conflict with other road users where they re-enter the traffic flow. Be careful and never assume a cyclist will remain within such facilities.
- Give cyclists space. Take up the correct position at junctions and roundabouts, if a cyclist is in front of you they have priority.



## Advice for Cyclists

- Ensure your bike is in roadworthy condition before setting off.
- Always obey the rules of the road.
- Be seen. Wear bright coloured or reflective clothing and use lights at times of poor visibility.
- Never cycle on left hand side of stationary or moving long vehicles – lorries or buses, they may be intending to turn left or stop at a bus stop.
- Cycle at least a metre from the kerb. This makes you more visible to other road users. Take the lane at junctions and roundabouts. If you are in front of a bus, you have priority.
- Be aware of other road users – look around as you cycle along especially before changing your position on the road.
- Give clear signals of your intention to turn.
- Only use the footway if it is designated for shared use.
- Be aware of the limitations of cycle lanes vehicles may cross your path from left or right.
- Give buses space and remember that you need to be able to see the driver's wing mirror for him to be able to see you. Take care pulling out to pass a stopped bus.
- Take responsibility for children cycling with you.

